

Niegeometryczny opis grawitacji

Równania Einsteina bez geometrii różniczkowej

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- QUANTUM THEORY OF GRAVITATION,
Martin J.G. Veltman
- WYKŁADY Z GRAWITACJI,
Richard P.Feynman
- QUANTUM THEORY OF GRAVITATION,
Richard P.Feynman Acta Phys. Polonica Vol. XXIV (1963)
- QUANTUM FIELD THEORY IN A NUTSHELL ,
A.Zee

$$S[A^\mu] = \int d^4x \mathcal{L}_{EM}$$

$$\mathcal{L}_{EM} = -\frac{1}{4} F_{\mu\nu} F^{\mu\nu} - j_\mu A^\mu$$

$$F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu$$

Czyli

$$S[A^\mu] = \int d^4x \left[-\frac{1}{4} (\partial_\mu A_\nu - \partial_\nu A_\mu) (\partial^\mu A^\nu - \partial^\nu A^\mu) - j_\mu A^\mu \right]$$

Równania pola

$$\square A^\mu - \partial^\mu (\partial_\alpha A^\alpha) = -j^\mu$$

Możliwe człony kinematyczne

1. $h_{\mu\nu,\sigma} h^{\mu\nu,\sigma}$
2. $h_{\mu\nu,\sigma} h^{\mu\sigma,\nu}$
3. $h^{\mu\nu}_{,\nu} h^{\sigma}_{\mu,\sigma}$
4. $h^{\mu\nu}_{,\nu} h^{\sigma}_{\sigma\mu}$
5. $h^{\mu}_{\nu,\mu} h^{\sigma,\mu}_{\sigma}$

Wyrazy 2 i 3 są równoważne

$$2. h^{\mu\nu}_{,\sigma} h^{\sigma}_{\mu,\nu} = (h^{\mu\nu} h^{\sigma}_{\mu,\nu})_{,\sigma} - h^{\mu\nu} h^{\sigma}_{\mu,\nu\sigma}$$
$$3. h^{\mu\nu}_{,\nu} h^{\sigma}_{\mu,\sigma} = (h^{\mu\nu} h^{\sigma}_{\mu,\sigma})_{,\nu} - h^{\mu\nu} h^{\sigma}_{\mu,\sigma\nu}$$

$$S[h_{\mu\nu}] = \int d^4x \left(ah_{\mu\nu,\sigma} h^{\mu\nu,\sigma} + bh^{\mu\nu}{}_{,\nu} h^\sigma{}_{\mu,\sigma} + \right. \\ \left. ch^{\mu\nu}{}_{,\nu} h^\sigma{}_{\sigma,\mu} + dh^\mu{}_{\nu,\mu} h^\sigma{}_{\sigma}{}^{\mu} - \lambda T^{\mu\nu} h_{\mu\nu} \right)$$

Zasada stacjonarności działania $\delta S[h_{\mu\nu}] = 0$

Pole $h_{\mu\nu}$ jest symetryczne, musimy odpowiednio zdefiniować pochodną wariacyjną

$$\frac{\delta h_{\alpha\beta}}{\delta h_{\mu\nu}} = \frac{1}{2} \left[\delta_\mu^\alpha \delta_\nu^\beta + \delta_\nu^\alpha \delta_\mu^\beta \right] \equiv \delta_{(\mu}^\alpha \delta_{\nu)}^\beta = \delta_\mu^{(\alpha} \delta_\nu^{\beta)}$$

$$\frac{\delta h_{\alpha\beta,\gamma}}{\delta h_{\mu\nu,\sigma}} = \frac{1}{2} \left[\delta_\mu^\alpha \delta_\nu^\beta \delta_\sigma^\gamma + \delta_\nu^\alpha \delta_\mu^\beta \delta_\sigma^\gamma \right] \equiv \delta_{(\mu}^\alpha \delta_{\nu)}^\beta \delta_\sigma^\gamma = \delta_\mu^{(\alpha} \delta_\nu^{\beta)} \delta_\sigma^\gamma$$

Wariacja członu a

$$\begin{aligned}\delta(h_{\alpha\beta,\gamma} h^{\alpha\beta,\gamma}) &= \eta^{\alpha\delta} \eta^{\beta\kappa} \eta^{\gamma\xi} \delta(h_{\alpha\beta,\gamma} h_{\delta\kappa,\xi}) = \\ &\eta^{\alpha\delta} \eta^{\beta\kappa} \eta^{\gamma\xi} \left[\frac{1}{2} (\delta_{\alpha\mu} \delta_{\beta\nu} \delta_{\gamma\sigma} + \delta_{\alpha\nu} \delta_{\beta\mu} \delta_{\gamma\sigma}) h_{\delta\kappa,\xi} + \right. \\ &\quad \left. \frac{1}{2} (\delta_{\delta\mu} \delta_{\kappa\nu} \delta_{\xi\sigma} + \delta_{\delta\nu} \delta_{\kappa\mu} \delta_{\xi\sigma}) h_{\alpha\beta,\gamma} \right] \delta h_{\mu\nu,\sigma} = \\ &= \frac{1}{2} \left[\eta^{\mu\delta} \eta^{\nu\kappa} \eta^{\sigma\xi} h_{\delta\kappa,\xi} + \eta^{\nu\delta} \eta^{\mu\kappa} \eta^{\sigma\xi} h_{\delta\kappa,\xi} + \right. \\ &\quad \left. + \eta^{\mu\delta} \eta^{\beta\nu} \eta^{\gamma\sigma} h_{\alpha\beta,\gamma} + \eta^{\alpha\nu} \eta^{\beta\mu} \eta^{\gamma\sigma} h_{\alpha\beta,\gamma} \right] \delta h_{\mu\nu,\sigma} = \\ &= 2h_{\mu\nu,\sigma} \delta h_{\mu\nu,\sigma}\end{aligned}$$

Wariacja członu d

$$\begin{aligned}\delta(h_{\alpha,\beta}^{\alpha} h_{\gamma}^{\gamma,\beta}) &= \eta^{\alpha\delta} \eta^{\gamma\kappa} \eta^{\beta\xi} \delta(h_{\delta\alpha,\beta} h_{\gamma\kappa,\xi}) = \\ \eta^{\alpha\delta} \eta^{\gamma\kappa} \eta^{\beta\xi} &\left[\frac{1}{2} (\delta_{\delta\mu} \delta_{\alpha\nu} \delta_{\beta\sigma} + \delta_{\delta\nu} \delta_{\alpha\mu} \delta_{\beta\sigma}) h_{\gamma\kappa,\xi} + \right. \\ &\left. \frac{1}{2} (\delta_{\gamma\mu} \delta_{\kappa\nu} \delta_{\xi\sigma} + \delta_{\gamma\nu} \delta_{\kappa\mu} \delta_{\xi\sigma}) h_{\delta\alpha,\beta} \right] \delta h_{\mu\nu,\sigma} = \\ &= \frac{1}{2} \left[\eta^{\mu\nu} \eta^{\gamma\kappa} \eta^{\sigma\xi} h_{\gamma\kappa,\xi} + \eta^{\nu\mu} \eta^{\gamma\kappa} \eta^{\sigma\xi} h_{\gamma\kappa,\xi} + \right. \\ &+ \eta^{\alpha\delta} \eta^{\mu\nu} \eta^{\xi\sigma} h_{\delta\alpha,\xi} + \eta^{\alpha\delta} \eta^{\nu\mu} \eta^{\beta\sigma} h_{\delta\alpha,\beta} \left. \right] \delta h_{\mu\nu,\sigma} = \\ &= 2\eta^{\mu\nu} h_{\gamma}^{\gamma,\sigma} \delta h_{\mu\nu,\sigma}\end{aligned}$$

Dostajemy równanie

$$2ah_{,\sigma}^{\mu\nu,\sigma} + b(h_{\sigma}^{\mu,\nu\sigma} + h_{\sigma}^{\nu,\mu\sigma}) + c(h_{\sigma}^{\sigma,\mu\nu} + \eta^{\mu\nu} h_{,\lambda\gamma}^{\gamma\lambda}) + 2d\eta^{\mu\nu} h_{\gamma,\lambda}^{\gamma,\lambda} = -\lambda T^{\mu\nu}$$

Zasada zachowania ładunku w elektrodynamice

$$j^{\mu}_{,\mu} = 0$$

jest konsekwencją równań pola.

Chcemy aby energia była zachowana

$$T^{\mu\nu}_{,\nu} = 0$$

$$2ah_{,\sigma\nu}^{\mu\nu,\sigma} + bh_{,\sigma\nu}^{\mu\sigma,\nu} + bh_{,\sigma\nu}^{\nu\sigma,\mu} +$$

$$ch_{\sigma,\nu}^{\sigma,\mu\nu} + ch_{,\gamma\alpha}^{\gamma\alpha,\mu} + 2dh_{\sigma,\nu}^{\sigma,\gamma\mu} = 0$$

Biorąc $a = \frac{1}{2}$ mamy

$$h^{\mu\nu,\sigma}_{,\sigma\nu}(2a + b) = 0$$

$$h^{\nu\sigma,\mu}_{,\nu\sigma}(b + c) = 0$$

$$h^{\sigma}_{\sigma,\nu},^{\mu\nu}(c + 2d) = 0$$

$$a = \frac{1}{2}$$

$$b = -1$$

$$c = 1$$

$$d = -\frac{1}{2}$$

Równanie ruchu:

$$h_{,\sigma}^{\mu\nu,\sigma} - h_{\sigma}^{\mu,\nu\sigma} - h_{\sigma}^{\nu,\mu\sigma} + h_{\sigma}^{\sigma,\mu\nu} + \eta^{\mu\nu} h_{,\lambda\gamma}^{\gamma\lambda} - \eta^{\mu\nu} h_{\gamma,\lambda}^{\gamma,\lambda} = -\lambda T^{\mu\nu}$$

Oznaczając

$$\bar{X}_{\mu\nu} = \frac{1}{2}(X_{\mu\nu} + X_{\nu\mu}) - \frac{1}{2}\eta_{\mu\nu}X_{\sigma}^{\sigma}$$

mamy

$$\begin{aligned}\bar{h}_{\mu\nu} &= h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h_{\sigma}^{\sigma} \\ \bar{h}_{\mu\nu} &= h\end{aligned}$$

W tej notacji równania pola mają postać

$$h_{\mu\nu,\sigma}^{\sigma} - 2\bar{h}_{\mu\sigma,\nu}^{\sigma} = -\lambda\bar{T}_{\mu\nu}$$

Elektrodynamika

$$F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu$$

$$\tilde{A}^\mu = A^\mu + \partial^\mu f$$

$$\square A^\mu - \partial^\mu (\partial_\alpha A^\alpha) = -j^\mu$$

Cechowanie Lorentza

$$\partial_\alpha A^\alpha = 0$$

$$0 = \partial_\mu \tilde{A}^\mu = \partial_\mu A^\mu + \square f$$

$$\square f = -\partial_\mu A^\mu$$

$$\square A^\mu = -j^\mu$$

Grawitacja

$$h_{\mu\nu,;\sigma} - 2\bar{h}_{\mu\sigma,;\nu} = -\lambda \bar{T}_{\mu\nu}$$

jest niezmiennicze względem transformacji

$$\tilde{h}_{\mu\nu} = h_{\mu\nu} + X_{\mu,\nu} + X_{\nu,\mu}$$

Cechowanie Lorentza $\bar{h}^{\mu\nu},_{;\nu} = 0$

$$0 = \partial_\mu \tilde{h}^{\mu\nu} = \partial_\mu \bar{h}^{\mu\nu} + \partial_\mu \bar{X}^{\mu,\nu} + \square \bar{X}^\nu$$

$$\square X^\mu = -\partial_\nu \bar{h}^{\nu\mu}$$

$$\square \bar{h}_{\mu\nu} = -\lambda T_{\mu\nu}$$

Elektrodynamika

$$\square A_\mu = 0$$

$$A_\mu = C_\mu e^{ikx}$$

$$k_\nu k^\nu C_\mu e^{ikx} = 0$$

Warunek $\partial_\alpha A^\alpha = 0$ daje

$$k^\mu C_\mu = 0$$

Resztkowa swoboda cechowania

$$f \rightarrow f + a$$

$$\square a = 0$$

Cechowanie czasowe $A_0 = 0$

2 stopnie swobody pola

Grawitacja

$$\square \bar{h}_{\mu\nu} = 0$$

$$\bar{h}_{\mu\nu} = C_{\mu\nu} e^{ikx}$$

$$k_\nu k^\nu = 0$$

$$k^\mu C_{\mu\nu} = 0$$

10-4 stopni swobody

Resztkowa swoboda cechowania

$$C_{0\mu} = 0$$

$$C^\mu{}_{,\mu} = 0$$

2 stopnie swobody

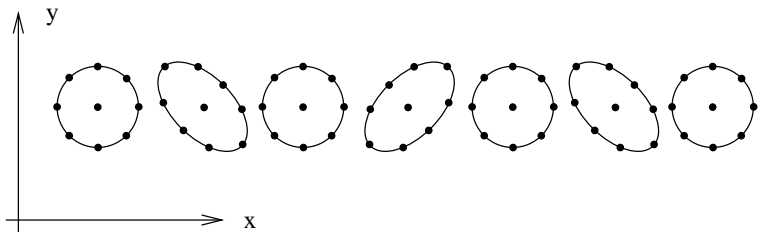
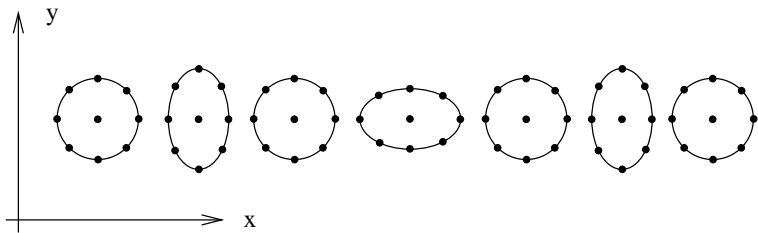
$$C_{\mu\nu} = C_+ e_{\mu\nu}^1 + C_\times e_{\mu\nu}^2$$

$$e_{\mu\nu}^1 = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$

$$e_{\mu\nu}^2 = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$

$$C_R = \frac{1}{\sqrt{2}}(C_+ + iC_\times)$$

$$C_L = \frac{1}{\sqrt{2}}(C_+ - iC_\times)$$



$$S = \int d\alpha \left[-\frac{m_0}{2} \left(\frac{dx^\mu}{d\alpha} \right) \left(\frac{dx_\mu}{d\alpha} \right) - eA_\mu \left(\frac{dx^\mu}{d\alpha} \right) \right]$$

$$m_0 \frac{d^2 x_\mu}{d\alpha^2} = eF_{\mu\nu} \left(\frac{dx^\nu}{d\alpha} \right)$$

Grawitacja

$$T^{\mu\nu} = m_0 \left(\frac{dx^\mu}{d\alpha} \right) \left(\frac{dx^\nu}{d\alpha} \right)$$

$$S = \int d\alpha \left[-\frac{m_0}{2} \left(\frac{dx^\mu}{d\alpha} \right) \left(\frac{dx_\mu}{d\alpha} \right) - \lambda h_{\mu\nu} m_0 \left(\frac{dx^\mu}{d\alpha} \right) \left(\frac{dx^\nu}{d\alpha} \right) \right]$$

$$S = \int d\alpha \left[-\frac{m_0}{2} \left(\frac{dx^\mu}{d\alpha} \right) \left(\frac{dx_\mu}{d\alpha} \right) - \lambda h_{\mu\nu} m_0 \left(\frac{dx^\mu}{d\alpha} \right) \left(\frac{dx^\nu}{d\alpha} \right) \right]$$

$$S = \int d\alpha \left[-\frac{m_0}{2} (\eta_{\mu\nu} + 2\lambda h_{\mu\nu}) \left(\frac{dx^\mu}{d\alpha} \right) \left(\frac{dx^\nu}{d\alpha} \right) \right]$$

Oznaczamy $g_{\mu\nu} = \eta_{\mu\nu} + 2\lambda h_{\mu\nu}$. Czyli

$$S = \int d\alpha \left[-\frac{m_0}{2} g_{\mu\nu}(x) \left(\frac{dx^\mu}{d\alpha} \right) \left(\frac{dx^\nu}{d\alpha} \right) \right]$$

$$S = \int d\alpha \left[-\frac{m_0}{2} g_{\mu\nu}(x) \left(\frac{dx^\mu}{d\alpha} \right) \left(\frac{dx^\nu}{d\alpha} \right) \right]$$

Wariujemy działanie, $\delta S[x^\mu] = 0$

Wprowadzamy oznaczenie

$$[\mu\nu, \sigma] = \frac{1}{2} [g_{\sigma\mu, \nu} + g_{\sigma\nu, \mu} - g_{\mu\nu, \sigma}]$$

Otrzymujemy równanie ruchu

$$g_{\sigma\nu} \ddot{x}^\nu + [\mu\nu, \sigma] \dot{x}^\mu \dot{x}^\nu = 0$$

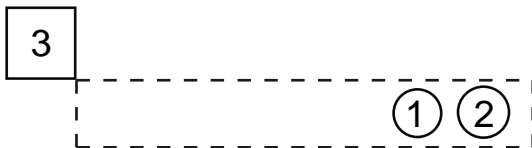
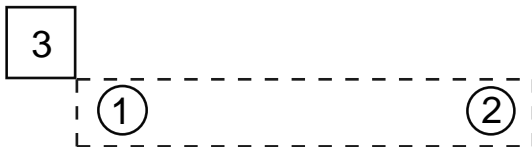
Energia własna pola grawitacyjnego

Uwzględniamy nieliniowość teorii

Nasza poprzednia definicja tensora energii-pędu była niepoprawna

$$({}^{\circ}T^{\mu\nu} + \chi^{\mu\nu})_{,\nu}$$

$$T^{\mu\nu} = {}^{\circ}T^{\mu\nu} + \chi^{\mu\nu}$$



$$\circ T^{\mu\nu}(x) = m_0 \int ds \delta^4(x - z(s)) \dot{z}^\mu \dot{z}^\nu$$

$$\begin{aligned} \circ T^{\mu\nu}(x)_{,\nu} &= m_0 \int ds \frac{\partial \delta^4(x - z(s))}{\partial x^\nu} \dot{z}^\mu \dot{z}^\nu = \\ -m_0 \int ds \frac{\partial \delta^4(x - z(s))}{\partial z^\nu} \dot{z}^\mu \dot{z}^\nu &= -m_0 \int ds \frac{d\delta^4(x - z(s))}{ds} \dot{z}^\mu = \\ \underbrace{-m_0 \delta^4(x - z(s)) \dot{z}^\mu}_{=0} \Big|_{-\infty}^{+\infty} &+ m_0 \int ds \delta^4(x - z(s)) \ddot{z}^\mu \end{aligned}$$

$$g_{\mu\nu} \ddot{z}^\mu = -[\mu\nu, \lambda] \dot{z}^\mu \dot{z}^\nu$$

$$\begin{aligned}
\circ T^{\mu\nu}(x)_{,\nu} &= m_0 \int ds \delta^4(x - z(s)) \ddot{z}^\mu \\
\circ T^{\mu\nu}(x)_{,\nu} g_{\mu\lambda}(x) &= m_0 \int ds \delta^4(x - z(s)) \underbrace{g_{\mu\lambda}(z) \ddot{z}^\mu}_{-[\mu\nu, \lambda]_z \dot{z}^\mu \dot{z}^\nu} \\
\circ T^{\mu\nu}(x)_{,\nu} g_{\mu\lambda}(x) &= -[\mu\nu, \lambda]_x m_0 \int ds \delta^4(x - z(s)) \dot{z}^\mu \dot{z}^\nu \\
\circ T^{\mu\nu}(x)_{,\nu} g_{\mu\lambda}(x) &= -[\mu\nu, \lambda]^\circ T^{\mu\nu}(x)
\end{aligned}$$

Chcemy aby

$$\frac{\delta F}{\delta h_{\mu\nu}} = \lambda T^{\mu\nu}$$

oraz

$$T^{\mu\nu}_{,\nu} g_{\mu\lambda} = -[\mu\nu, \lambda] T^{\mu\nu}$$

Czyli musimy rozwiązać równanie funkcjonalne

$$\left(\frac{\delta F}{\delta h_{\mu\nu}}\right)_{,\nu} g_{\mu\lambda} + [\mu\nu, \lambda] \left(\frac{\delta F}{\delta h_{\mu\nu}}\right) = 0$$

$$\int d^4x \left[-A^\lambda \left(\frac{\delta F}{\delta h_{\mu\nu}} \right)_{,\nu} g_{\mu\lambda} + A^\lambda [\mu\nu, \lambda] \left(\frac{\delta F}{\delta h_{\mu\nu}} \right) \right] = 0$$

$$\int d^4x \left(\frac{\delta F}{\delta h_{\mu\nu}} \right) \text{Sym} \left[\left(A^\lambda g_{\mu\lambda} \right)_{,\nu} + A^\lambda [\mu\nu, \lambda] \right] = 0$$

Rozwińmy funkcjonał

$$F[h_{\mu\nu} + \xi_{\mu\nu}] = F[h_{\mu\nu}] + \xi_{\mu\nu} \left(\frac{\delta F}{\delta h_{\mu\nu}} \right) + \mathcal{O}(\xi^2)$$

czyli

$$\xi_{\mu\nu} = \text{Sym} \left[- \left(A^\lambda g_{\mu\lambda} \right)_{,\nu} + A^\lambda [\mu\nu, \lambda] \right]$$

$$\xi_{\mu\nu} = \text{Sym} \left[-A_{,\nu}^{\lambda} g_{\mu\lambda} - A_{,\nu}^{\lambda} g_{\mu\lambda,\nu} + \frac{1}{2} (g_{\lambda\mu,\nu} + g_{\lambda\nu,\mu} - g_{\mu\nu,\lambda}) A^{\lambda} \right]$$

$$\xi_{\mu\nu} = \frac{1}{2} \left(-g_{\lambda\mu} A_{,\nu}^{\lambda} - A_{,\mu}^{\lambda} g_{\lambda\nu} - g_{\mu\nu,\lambda} A^{\lambda} \right)$$

Pamiętamy że $g_{\mu\nu} = \eta_{\mu\nu} + 2\lambda h_{\mu\nu}$. Czyli

$$g'_{\mu\nu} = g_{\mu\nu} + 2\lambda \xi_{\mu\nu} = g_{\mu\nu} + 2\lambda \frac{1}{2} \left(-g_{\lambda\mu} A_{,\nu}^{\lambda} - A_{,\mu}^{\lambda} g_{\lambda\nu} - g_{\mu\nu,\lambda} A^{\lambda} \right)$$

Przyjmując $\zeta^{\mu} = -\lambda A^{\mu}$ dostajemy

$$g'_{\mu\nu} = g_{\mu\nu} + g_{\mu\lambda} \zeta^{\lambda}_{,\nu} + g_{\nu\lambda} \zeta^{\lambda}_{,\mu} + g_{\mu\nu,\lambda} \zeta^{\lambda}$$

Badamy niezmienniczość wyznacznika

$$\begin{aligned}g'_{\mu\nu} &= g_{\mu\nu} + g_{\mu\lambda}\zeta^{\lambda}_{,\nu} + g_{\nu\lambda}\zeta^{\lambda}_{,\mu} + g_{\mu\nu,\lambda}\zeta^{\lambda} \\g'_{\mu\nu} &= g_{\mu\beta} \left[\delta_{\nu}^{\beta} + \left(g^{\beta\gamma} g_{\gamma\lambda}\zeta^{\lambda}_{,\nu} + g^{\beta\gamma} g_{\nu\lambda}\zeta^{\lambda}_{,\gamma} + g^{\beta\gamma} g_{\gamma\nu,\lambda}\zeta^{\lambda} \right) \right]\end{aligned}$$

Korzystamy z własności $\det(1 + A) = 1 + \text{tr}(A) + \mathcal{O}(A^2)$.

$$\det g' = \det g [1 + \text{tr}(\dots)]$$

gdzie

$$\begin{aligned}\text{tr}(\dots) &= g^{\beta\gamma} g_{\gamma\lambda}\zeta^{\lambda}_{,\beta} + g^{\beta\gamma} g_{\beta\lambda}\zeta^{\lambda}_{,\gamma} + g^{\beta\gamma} g_{\gamma\beta,\lambda}\zeta^{\lambda} = \\&= 2\zeta^{\alpha}_{,\alpha} + g^{\beta\gamma} g_{\gamma\beta,\lambda}\zeta^{\lambda}\end{aligned}$$

$$\begin{aligned} \ln(-\det g') &= \ln(-\det g[1 + \text{tr}(\dots)]) = \\ &= \ln(-\det g) + 2\zeta_{,\alpha}^{\alpha} + g^{\beta\gamma} g_{\gamma\beta,\alpha} \zeta^{\alpha} \end{aligned}$$

Pomocnicze wyrażenie

$$\begin{aligned} g_{\mu\nu}(x + dx) &= g_{\mu\nu}(x) + dx^{\alpha} g_{\mu\nu,\alpha} = g_{\mu\beta}(\delta_{\nu}^{\beta} + g^{\beta\gamma} g_{\gamma\nu,\alpha} dx^{\alpha}) \\ \det g_{\mu\nu}(x + dx) &= \det g_{\mu\nu}(x) \left(1 + g^{\beta\gamma} g_{\gamma\beta,\alpha} dx^{\alpha}\right) \\ (\det g)_{,\alpha} &= \det g g^{\beta\gamma} g_{\gamma\beta,\alpha} \\ (\ln(-\det g))_{,\alpha} &= g^{\beta\gamma} g_{\gamma\beta,\alpha} \end{aligned}$$

$$\ln(-\det g') = \ln(-\det g) + 2\zeta_{,\alpha}^{\alpha} + (\ln(-\det g))_{,\lambda}\zeta^{\lambda}$$

Wprowadzając oznaczenie $C = \ln(-\det g)$ dostajemy

$$C' = C + 2\zeta_{,\alpha}^{\alpha} + C_{,\lambda}\zeta^{\lambda}$$

$$\begin{aligned} e^{aC'} &= e^{a(2\zeta_{,\alpha}^{\alpha} + C_{,\lambda}\zeta^{\lambda})} = e^{aC} (1 + 2a\zeta_{,\alpha}^{\alpha} + aC_{,\lambda}\zeta^{\lambda}) + \mathcal{O}(\zeta^2) \\ &= e^{aC} + 2a \underbrace{e^{aC}\zeta_{,\alpha}^{\alpha}}_{(e^{aC}\zeta^{\alpha})_{,\alpha} - aC_{\lambda}\zeta^{\lambda}e^{aC}} + ae^{aC}C_{,\lambda}\zeta^{\lambda} + \mathcal{O}(\zeta^2) \end{aligned}$$

Czyli biorąc $a = \frac{1}{2}$ mamy

$$e^{C'/2} = e^{C/2} + (e^{aC}\zeta^{\alpha})_{,\alpha}$$

$$e^{C'/2} = e^{C/2} + \left(e^{aC} \zeta^\alpha \right)_{,\alpha}$$

$$\int d^4x e^{C'/2} = \int d^4x e^{C/2}$$

Czyli pamiętając że $C = \ln(-\det g)$ mamy

$${}^\circ F = \int d^4x \sqrt{-\det g}$$

Lub

$$F_\Lambda = \frac{1}{2\lambda^2} \int d^4x \sqrt{-\det g} \Lambda$$

$$F = -\frac{1}{2\lambda^2} \int d^4x g^{\mu\nu} R^{\tau}_{\mu\nu\tau} \sqrt{-\det g}$$

Wariując

$$2 \frac{\delta F}{\delta g_{\mu\nu}} = -\frac{1}{\lambda^2} \frac{\delta(\sqrt{-\det g} R)}{\delta g_{\mu\nu}} = \frac{1}{\lambda^2} \left(R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R \right)$$

Definiując $\tilde{T}^{\mu\nu} = \frac{2}{\sqrt{-\det g}} \frac{\delta F}{\delta g_{\mu\nu}}$, oraz $\lambda = \sqrt{8\pi G}$ dostajemy

$$R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R = 8\pi G \tilde{T}^{\mu\nu}$$